



# VOICE

MAY 2025  
NEWSLETTER OF THE  
ICF MUMBAI CHARTER CHAPTER

## MY STORY

### Confessions of a Not-so-confident Coach

I set out to become a coach with a fair amount of confidence, but in the early part of my journey I almost talked myself out of it. When I transitioned from marketing into coaching, I didn't know exactly what to expect. Coaching was unfamiliar territory. Like anyone starting something new I had doubts. **Was I ready? Could I manage such a big change? Did I know enough?**

At first my biggest struggle was confidence; or rather the lack of it. Every coaching session felt like an exam. I worried about how I appeared, whether my clients felt genuinely helped and when I'd finally feel comfortable calling myself a coach. **Choosing a niche felt equally puzzling. I often asked myself how other coaches made such decisions or if it was even necessary.** I remember once staring at the Zoom screen before a session, heart racing and wondering if I should postpone.

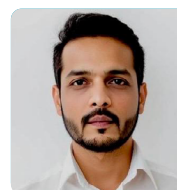
Reflecting on those early uncertain days, these are the shifts that slowly made coaching feel more real for me: ***I learned that genuine coaching presence doesn't develop overnight. It comes slowly – one session at a time through patience and gentle persistence. Observing experienced coaches within our ICF community showed me that true presence is built quietly with practice and self-compassion.***

Another important realisation was around finding a niche. Initially, I believed having a clear specialisation right away

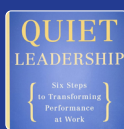
was essential. But interacting with fellow ICF coaches helped me realise it's perfectly fine not to rush this. Coach first; let clarity arrive naturally.

Most importantly, ***I discovered the real confidence booster wasn't just books or coaching techniques. It came from interactions and engagement with other coaches – listening, sharing experiences, learning, and feeling genuinely supported and encouraged by the community.*** Today I'm still learning and growing yet feeling steadier with each step.

**The shift for me happened through showing up, not chasing,** and leaning into the coaches' community around me. Even now, when I find myself in a similar space, I remind myself gently: Take that step, trust the process, and connect; even if you're not so confident. That, in itself, is coaching. It has been just a year since I became part of the ICF Mumbai Chapter and at the in-person Chapter anniversary event 'Beyond 10' in April 2025 something felt different. I felt like I belonged. For someone who came in with more questions than answers, this is it. ■



**Aniket Anjali Pohekar**  
Director - Marketing & Communications  
ICF Mumbai Charter Chapter



# Beyond 10: The Spark that Ignited into a Year-long Event

## 10 Years of ICF Mumbai Charter Chapter

By Sanjeev Bhatia

This year marks a defining moment in the journey of the ICF Mumbai Charter Chapter — a celebration of **10 vibrant years** of coaching excellence, community building, and transformative leadership.

### The Spark

In late January, a simple realization set powerful wheels in motion: on **12th March 2025**, our Chapter would officially complete a decade. What began as quiet reflection quickly turned into a bold vision. The Managing Committee (MC) rallied around the idea with immense enthusiasm, and soon, plans for a landmark celebration began to take shape.

### The Virtual Launch – March 12, 2025

We kicked off our anniversary festivities with a **virtual gathering** that brought our community together across distances. At this event, we also unveiled an ambitious initiative to mark our 10th year:



- **10 Monthly Themes** – spotlighting diverse dimensions of coaching throughout the year
- **10 Global Collaborations** – connecting with ICF Chapters around the world to share, learn, and grow together

### The Grand In-Person Celebration – April 12, 2025

The momentum carried us into April, where we hosted a joyous in-person celebration at the prestigious Mumbai Cricket Association (MCA) Club, attended by over 120 passionate coaches, leaders, and guests.

Behind the scenes, the MC orchestrated an event that was not just an anniversary but a **true embodiment of community, collaboration, and purpose**. From curating impactful speakers and engaging sessions to managing logistics, sponsorships, and every detail down to the menu, the dedication was palpable.

The team navigated challenges, late-night calls, and complex coordination with grace, emerging with a rhythm that reflected the strength of shared purpose.

Contd. to ... Pg. 3





COACHARYA

*Coaching with Spirit. Leading with Heart.*

# CELEBRATING 30 YEARS OF ICF

WITH SPECIAL OFFERS!

**Exclusive Savings on  
All ICF-Accredited Programs**

\*LIMITED TIME ONLY\*

**REACH OUT TO LEARN MORE!**

support@coacharya.com  
coacharya.com



# Beyond 10: April 12 - A Day to Remember

... Contd. from Pg. 2

The event on April 12 unfolded like a well-composed symphony. Every session ran smoothly. The energy was contagious. The engagement was heartfelt. And the feedback was deeply affirming.

As Chapter President, I was overcome with pride and gratitude — for a team that brought its whole heart to the table, for a community that showed up with unwavering support, and for a global network that stood by us.

Hats off to the spirit of our Chapter members and the guests who stayed from 8:30 am to 5:30 pm to make the best out of the daylong event.

## Acknowledgments

### Heartfelt thanks to:

♦ **Our Managing Committee:** Vinod K Sharma, Tapas Kapadia, Sandeep Kalra, Dexter Valles, Aniket Anjali Pohekar, Anne Williams Dias, Naval Dey, Anju Saini, Tanaya Acharekar, Priti Gupta, Sunil Verma, Sarah Debusscher and partner Navin Tauro — your unity, creativity, and tireless energy made this milestone shine.

♦ **Our global collaborators and ICF Chapter leaders:**

Alexandra Neves (Luxembourg), Bambang Yapri (Jakarta), Dayalanie Abeygunawardena, (Colombo), Debeshi Chakraborty (Delhi NCR), Jayshree Kirtane (Pune), Kannan Swaminathan (Chennai), Krishna Praveen (Hyderabad), Maleha Alfoudari (Kuwait), Sharmi Roy (Kolkata), and Varundeep Sachi (Bengaluru).

♦ **ICF Regional Leadership:** Haitham Shaheen (Regional Director) and Nararat Pac Vachiramanaporn (Regional Manager) — their encouragement was instrumental.

♦ **ICF Global CEO Magdalena Nowicka Mook:** for her warm wishes and continued belief in our mission.

## Looking Ahead

This milestone reaffirms the essence of our Chapter's tagline: **Engage. Elevate. Empower.** It's more than a motto — it's the lived experience of our vibrant coaching community.

Here's to a decade of transformation and the many magical milestones that lie ahead. The ride into the next decade with you looks like a thrill ■

*Author is President, ICF Mumbai Charter Chapter*



# Quiet Leadership

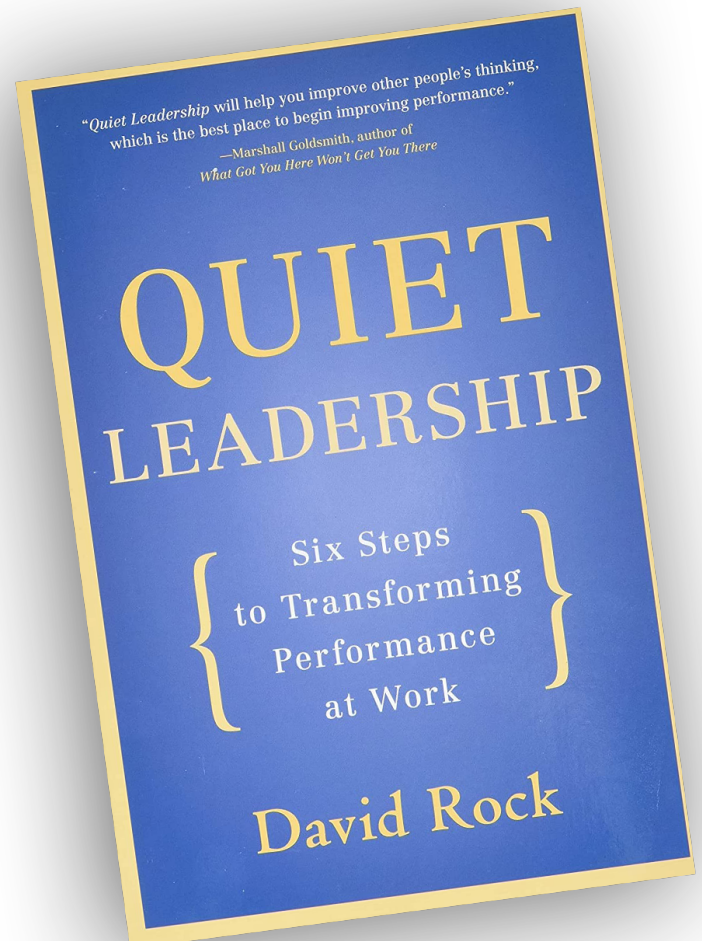
By Anupam Chaturvedi

During my initiation process for certification as Leadership and Performance Coach by ICF, a reference was made to this book. I found the book well compiled and lucid in its construction. The six steps suggested for effective performance enhancement at work appeared logical and practical based on my more-than-four-decades professional career.

Please find, therefore, a gist of the book which would probably make you read the book and benefit from it.

The book mainly highlights the importance of quiet leadership for improving thinking and enhancing performance:

1. Thinking should be encouraged for employees by keeping them focussed and stretching their thinking levels for positive impact through a good process.
2. Level 3 Listening for potential ideas without finding



yourself getting too closely associated

3. Speak with specific intent, being absolutely clear about the message, to the point and polite
4. All conversation should be meaningful, well directed and thought-provoking
5. To create new thinking, wear your Coaching Hat so that the inherent obstacles or infirmities are addressed and self-analysed for desirable solutions.
6. Finally, the importance of follow-up should not be overlooked so that the thinking instigated does not loose fizz, and all aspects of feelings are well respected.

The book is a relatively easy read and full of support data which should be reason enough to read through ■



Harrison Assessments India Private Limited

## Exclusive Offer for ICF Coaches from Harrison Assessments

As a gesture of appreciation for the impactful work ICF Coaches do, Harrison Assessments is offering a **Free** Paradox Report—a powerful tool to uncover deep behavioural insights and boost coaching effectiveness.

We're also pleased to extend a **limited-time 50% discount** on our globally recognized Accreditation Certification Program, exclusively for ICF Coaches.

### Program Includes:

- Level 1: Employee Development Accreditation
- Level 2: Debriefing & Coaching Accreditation
  - Competency Demonstration
- Bonus: 25 Units for client services

**Program qualifies for 8 hours of ICF continuing coach Education (CCE Resource Development Credits)**

**Original Cost of Accreditation+25 Units: ₹1,05,000 + 18% GST**  
**Special ICF Coach Price: ₹55,000 + 18% GST**

✧ **Enhance your credentials. Expand your impact.**  
**Elevate your coaching journey.** ✧

Learn more or claim your offer contact below:

Contact: [syeda@harrisonassessments.co.in](mailto:syeda@harrisonassessments.co.in)  
Visit: [www.harrisonassessments.co.in](http://www.harrisonassessments.co.in)



# May Momentum

## International Coaching Week

By Sarah Debusscher

International Coaching Week (ICW) may have concluded, but the conversations it sparked continue to unfold. During ICW, ICF Mumbai Corporate Voice partnered with Quantum Advisors and C-Edge Technologies to bring coaching into their workplaces. These onsite sessions, led by our Corporate Volunteering Team, created space for reflection and real connection.

One participant shared: "The session was not only insightful but also inspiring — it gave us valuable perspectives and left us with a lot to reflect on."

Encouraged by this response, and to accommodate the dates for all corporates who signed up, **we're extending our corporate engagement program until the end of May.** If your organisation would like to offer your teams a firsthand experience of coaching, we invite you to connect with us — it's never too late to begin the coaching conversation.

We also welcome ICF Mumbai Members who wish to



Participants from C-Edge Technologies & Quantum Advisors

participate in upcoming corporate visits. Let's continue to make coaching visible, human, and relevant in today's workplaces.

Stay tuned for more stories in next month's Corporate Voice. ■

## THE WALL

### New Credentials



**Mahrukh Bandorawalla**  
awarded MCC



**Sanjay Srivastava**  
awarded ACC

*Congratulations!*

### Membership Update | Total: 182

- ▶ Global members as of Apr 30, 2025: **111**
- ▶ Affiliate members as of Apr 30, 2025: **71**
- ▶ New joiners in April 2025: **6**

Join ICF Mumbai Charter Chapter today: [Memberships@icfmumbai.com](mailto:Memberships@icfmumbai.com)

### Gallery



Masterclass Webinar with **Dr. Urvi Jangam** was held on April 25 to enthralled coaches around the world, with the theme -- **A Coaching Mindset embodying Non Visual Aesthetics: Where Mind-Insight Opens the Heart.** The key takeaway was "We are often blind because we can see". Dr. Urvi is physically blind — what an inspiration!



# WE'RE GROWING. COME GROW WITH US.

In the last 10 years, the ICF Mumbai Charter Chapter has grown into one of India's largest coaching communities, hosting over 100 events, webinars, and peer learning forums. It has built meaningful partnerships with corporates, NGOs, and global coaching bodies, and recently celebrated the power of coaching through *Beyond 10* - our landmark anniversary event.

## Top 5 Reasons You Must Join Us

1. **Expand your network:** Be part of a dynamic community of 200+ ICF coaches from diverse niches and experience levels.
2. **Learn and grow continuously:** Attend member-only masterclasses, earn CCEUs, and engage in peer learning circles.
3. **Showcase your expertise:** Take the lead, speak at events, and gain visibility through chapter initiatives.
4. **Stay inspired and future-ready:** Access high-impact events like Beyond 10 and stay ahead of coaching trends.
5. **Create meaningful impact:** Contribute to projects with corporates, NGOs, and global coaching bodies.

**JOIN NOW!**

[www.icfmumbai.com](http://www.icfmumbai.com)

